

## **Preface**

### **Dean of School of Nutritional Sciences, NUAS Katsumi Yamanaka**

It has now been 12 years since its formation in 2003 that the Nagoya University of Arts and Sciences (NUAS) opened an educational course in the School of Nutritional Sciences to train and qualify students to be Registered Dietitians. Our school has made smooth progress based on the 40 years' history of education of a dietitian at Aichi Junior College. During these 12 years, the staff of our School have mainly submitted our papers to the Annual Reports of the Institute of Health and Nutrition in NUAS. The total number of reports has now accumulated 50 (Review (English) 5, Review (Japanese) 2, Original (English) 13, Original (Japanese) 19, Report (Japanese) 10, and Special Issue about Dinning together (Japanese) 1). However, the Institute started to work with other departments in NUAS from 2012, and the characteristics of the Institute changed its direction to accept reports mainly based on the activity of the Institute. It was therefore necessary that our School had a Journal such as a so-called department's bulletin (Kiyou in Japanese) to which the staff could submit.

This is the story of how the Journal actually started. This Journal has opened its door to the students and staff in the Graduate School of NUAS, staff and researchers in the Institute of NUAS, dietitians in hospitals or residential care homes as well as to food companies in the area besides our School staff. The naming of "Nagoya Journal of Nutritional Sciences" was formed from the "Nagoya" in NUAS and from the "Nutritional Sciences" in the School of Nutritional Sciences in NUAS.

I sincerely look forward to the future progress of the School of Nutritional Sciences in NUAS and the Journal itself.

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